



CENTRE-BASED PROGRAMS

In response to the COVID-19 pandemic, Brook RED has developed a 4-stage plan to keep our community safe. The stages are designed to help the Brook RED community be flexible in our response to the evolving situation.

STAGE 1:

In Stage 1 we will offer individual supports (face-to-face or virtual), virtual groups and check-ins, and extended Warm Line hours (9:30AM to 9PM). Individual support is by appointment only – please speak to a peer worker at your centre to book in a time.

STAGE 2:

In Stage 2 we will offer individual support (face-to-face or virtual), virtual groups and check-ins, and extended Warm Line hours (9:30PM to 9PM). Individual support is by appointment only – please speak to a peer worker at your centre to book in a time.

We will also run some groups at the centres in outdoor spaces (or large indoor spaces if appropriate). Each centre will run three face-to-face groups a week.

STAGE 3:

In Stage 3 the centres will be open daily as a drop-in space (from 9:30AM to 12:30PM).

Members will be welcome in on a first-in basis until we are at capacity.

In the afternoon, each centre will run a group and offer individual support to members

Individual support and groups are through bookings only – please speak to a peer worker at your centre to book in.

At this stage, we will no longer run our virtual groups but may continue to run our virtual check-ins if there is interest.

STAGE 4:

In Stage 4, the centres will mostly be back to business as usual (with some minor changes to community meals and outings). We will no longer run the virtual check-ins or virtual groups, and our individual support and face-to-face groups will return to normal.

At each stage we will be following social distancing requirements and have increased cleaning practices.

If you have any questions, concerns, or ideas, please speak to a peer worker at your centre or email Clay at clays@brookred.org.au.